

- FACULTY -

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Marathon Physical Therapy & Sports Medicine
Clinic Manager

Jennifer Edmunds, ATC, CSCS

Marathon Physical Therapy & Sports Medicine
Head Athletic Trainer Franklin High School

Brian FitzGerald, BSN, ATC, LAT

Division of Sports Medicine, CHB

Ellen T. Geminiani, MD

Division of Sports Medicine, CHB
Lecturer in Sports Medicine, HMS
Team Physician Wheaton College

Allison Gerrish, MS, PT, CSCS

Marathon Physical Therapy & Sports Medicine

J. Alex McKinney, MS, PT, CSCS, LMT

Marathon Physical Therapy & Sports Medicine
Director of Services

Lyle J. Micheli, MD

Director, Division of Sports Medicine, CHB
Clinical Professor, Orthopaedic Surgery, HMS

Martha Murray, MD

Division of Sports Medicine, CHB
Assistant Professor of Orthopaedic Surgery, HMS

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Norton: (508) 285-5533

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ACL INJURY PREVENTION PROGRAM



Children's Hospital Boston

300 Longwood Avenue
Boston, MA

www.childrenshospital.org/sportsmed

and

Marathon Physical Therapy
& Sports Medicine

250 East Main Street
Norton, MA 02766

Tel: (508) 285-5533

425 Centre Street
Newton, MA 02458

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250 EAST MAIN STREET
NORTON, MA 02766
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Please place
First-Class
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stamp here.

-GENERAL INFORMATION-

GOAL-

To provide a hands-on tutorial designed to educate the athletic community on how to minimize serious knee injuries with a pre-season and in-season conditioning program.

The emphasis of the program is on small group teaching where coaches, physical educators, athletic trainers' physical therapists and athletes can work directly with the faculty in learning how to implement the program. Emphasis is on recognizing incorrect techniques during sports related activities and correcting recognized problems.

ACCREDITATION-

- Children's Sports Medicine Foundation, Inc. is recognized by the Board of Certification, Inc. as a Provider for Continuing Education Units to Certified Athletic Trainers for 4 CEU credits

- AGENDA -

7:30 am	Registration
8:00 am	Welcoming Remarks <i>Lyle J. Micheli, MD</i> ACL Injuries and Prevention <i>Martha M. Murray, MD</i>
8:15 am	Young Athlete
8:30 am	Growth & Development in the <i>Ellen Geminiani, MD</i>
8:50 am	The ACL Injury Prevention Program <i>Jonathan Banz, PT</i>
9:30 am	BREAK
9:45 am	Small Group Teaching Stations
11:45 am	Question & Answer Session



DIRECTIONS

From Boston and Northern New England

Take Interstate 95 south to Exit 6A, Route 495 south. Follow 495 to Exit 11, turn onto 140 south. Follow Route 140 south 2.5 miles. Turn left at the intersection of Routes 140 and 123. Proceed three-tenths of a mile east on Route 123 to the visitors' parking lot, which will be on your left.

From Western Massachusetts

Take the Massachusetts Turnpike (Route 90) to Exit 11A onto Route 495 south. Follow 495 to Exit 11, turn onto 140 south. Follow Route 140 south 2.5 miles. Turn left at the intersection of Routes 140 and 123. Proceed three-tenths of a mile east on Route 123 to the visitors' parking lot, which will be on your left.

From Providence and Southern New England

Take Interstate 95 north. Once in Massachusetts, take Exit 6A. Follow Route 495 south to Exit 11, turn onto 140 south. Follow Route 140 south 2.5 miles. Turn left at the intersection of Routes 140 and 123. Proceed three-tenths of a mile east on Route 123 to the visitors' parking lot, which will be on your left.

ACL INJURY PREVENTION PROGRAM

Wheaton College
Clark Athletic Center
26 East Main Street
Norton, MA 02766

Sunday, May 3, 2009, 8:00am – 12:00pm

REGISTRATION FORM

To register, please complete the attached registration form below and mail or fax to:

Marathon Physical Therapy & Sports Medicine
Attn: ACL Injury Prevention Program
250 East Main Street
Norton, MA 02166
Fax: (508) 285-7977

PLEASE PRINT:

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Home Phone: _____
Work Phone: _____
E-mail: _____

****FREE** for Coaches, Physical Educators, and Athletic Trainers: ID Required**

Number of Registrants _____

REMINDER: Wear Workout Gear

For additional information, contact:
Marathon Physical Therapy & Sports Medicine
(508) 285-5533